

2nd annual First Responder and Military Personnel Mental Health and Suicide Awareness

Conference

Edmonton - September 27, 2018

Italian Cultural Centre

Master of Ceremonies:

Deputy Director Operations Kelly Fagan - Fort Saskatchewan Correctional Services

Community Peace Officer Dean Young - Wheatland County

(Agenda subject to minor adjustments)

7:15-7:50	Registration open	Please be in seats by 7:50
8:00 - 8:35	Opening Comments	
8:35-8:50	Dr Suzette Bremault-Phillips Associate Professor Department of Occupational Therapy, Faculty of Rehabilitation Medicine - University of Alberta	<i>Engaging with Intent – From Challenge to Strength</i>
8:50-9:00	Mike Pietrus Director, Mental Health First Aid Canada, Opening Minds	<i>Update of Mental Health Initiatives for First Responders</i>
9:00-9:15	Shanda Harper Certified Trauma Informed Culturally Sensitive Yoga, Former Calgary Police Officer	<i>Trauma Informed Culturally Sensitive Yoga Standing or Chair</i>
9:15-10:10	LCol Adrian Norbash Clinical Psychiatrist, Clinical Psychiatrist and the Clinical Lead in Mental Health - Canadian Armed Forces Health Services Group in Western Canada	<i>Trauma and Suicide – Professional Perspective</i>
10:10-10:30	Break	
10:30-11:00	Sergeant Gary and Colette Benoit Edmonton Police Service	<i>Line of duty incident impact on family and peers, lessons learned</i>
11:00-noon	Roger Brown RCMP Assistant Commissioner Moncton (ret)	<i>Leadership, Media, Line of Duty Death Impact of Employees and Suicide</i>
Noon-12:45	Lunch	
13:00-13:40	Kyle Wilkinson Advanced Care Paramedic, former career Fire Fighter	<i>"Lost, in Plain Sight" his diagnosis of PTSD, treatment, experience and life since</i>
13:40-14:20	Kirsty Langham Emergency Communications Lead - Calgary 911 City of Calgary	<i>Impact of suicide professionally and personally</i>
14:20-14:40	Break	
14:40-15:20	Fr LCol Terry Cherwick Division Chaplain, 3rd Canadian Division Headquarters / Joint Task Force West Headquarters - Canadian Armed Forces	<i>Human Spirit: Struggles and Strength</i>
15:20-16:00	Captain Ashley Collette Social Work Officer, 1 Field Ambulance Clinic - Canadian Armed Forces	<i>Post Traumatic Growth</i>
16:00-16:15	Dr Suzette Bremault-Phillips	<i>Visioning Forward</i>
16:15-16:30	Diana Festejo Executive Director Legacy Place Society	<i>Closing Comments</i>